

# Backup

## Follow the steps for backing up all your data:

- Click the second icon from the main navigation tool bar

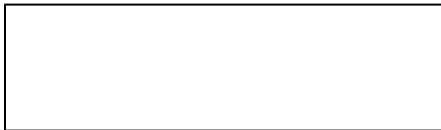


You are presented with 2 options:

- Back up by Organization: Select this radio button if you want to back up the entire salesforce data which includes all objects.
- Back up by Object: Select this radio button if you want to back up data by selecting specific objects from salesforce such as account, asset, case etc.



- You can also search specific object by using the search tab



- Click Backup now from the top right of the screen



**You will be redirected to the logs screen**